



# Town & Country Democrat

Volume 55, Issue 1

On the Web: [www.tcdems.org](http://www.tcdems.org)

January-February 2007

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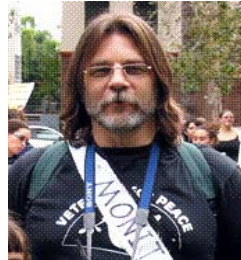
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## Upcoming Meetings

We have asked George Main, president of the Sacramento Chapter of Veterans for Peace, to speak at our February meeting. George served in the military as a Russian linguist in the 1970s, where he saw how government surveillance could stray outside legal bounds. In 2004, his name showed up on a federal surveillance database in connection with a protest at a military recruitment center. Now he feels the Bush administration is violating every right and privilege he fought for during his military service.

Read about his experiences at <http://www.aclu.org/safefree/general/24272res20060227.html>.

## Editorial: It's time to think single-payer

Patchwork health proposals show the need to think big. For Americans who hope the United States might one day have a health care system that makes sense, this is an exciting time. Massachusetts has adopted a plan to achieve universal coverage, and California Gov. Arnold Schwarzenegger has pledged to do the same in the nation's most populous state. Last week President Bush committed himself to a radical overhaul of federal tax subsidies in a bid to hold down health care costs and expand insurance coverage.

Yet the closer you look at these ambitious plans, the more you see they are mere patchworks. In Massachusetts, which will require most residents to buy private insurance, policies are coming on the market with higher prices and less coverage than experts hoped. Economist and columnist Paul Krugman points out that the Schwarzenegger plan will require big new state bureaucracies to regulate insurance companies and police individual behavior. As for the president's plan, even the White House admits it will cover only 5 million of the nation's 46 million uninsured; that's because it relies on tax deductions, which aren't much use to low-income families who represent the bulk of the uninsured population.

It's good to see political leaders think boldly. But the lesson is that they aren't thinking boldly enough. It's time for the United States to think about just making the leap to single-payer insurance. This radical notion would seem unthinkable, except that every other civilized nation already has thought about it and embraced it -- from conservative societies such as Japan and Australia to nanny states such as Germany and France. Every one of them covers more people, produces better medical outcomes, wastes less revenue on overhead and marketing, and spends less money than the United States. The biggest argument against a single-payer system is it's "politically unrealistic" in a free-market society like the United States. We think that gives too little credit to the impatience and common sense of American voters. But then we won't know until a leader has the courage to find out.

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## From the President...



Margie Metzler  
(916) 921-5008, or [margiemetz@hotmail.com](mailto:margiemetz@hotmail.com)

I have just returned from 5 days in Washington DC. I went with Joan B. Lee as part of the Gray Panthers California delegation of health advocates to a Families USA conference, stayed on to participate in the "Out of Iraq" Peace march, and did a little sightseeing. Highlights included a trip to the Hill to advocate with Pelosi and Stark representatives, speeches by Barack Obama, Sherrod Brown, and Ted Kennedy, and wonderful workshops. We also attended the PAL (Prescription Access Litigation Coalition) dinner, with a terrific speech by Dr. John Abramson, author of *Overdosed America: The Broken Promise of American Medicine*; viewed a new documentary, *Collateral Damage*, about the destruction of Tennessee's Medicaid program and its impact on the people of the state (I bought the DVD and it's available); watched the film, "[A Closer Walk](#)", about AIDS and global health; and Thom Hartmann's book signing! I bought his latest book, *Screwed: The Undeclared War against the Middle Class — and what We Can Do about it*. At that time, I talked to him about the loss of his program in Sacramento. Lo and behold, as soon as I got back here I found to my delight that he will be back on the air on Air America, 1320 am, as of February 15! He will replace Al Franken, who is considering a run against Norm Coleman in Minnesota.

Highlights of our time on the sightseeing trail were a visit to the Washington National Cathedral and a church service, with their incredible pipe organ, a tearful visit to the FDR Memorial; and a tour of Arlington Cemetery. The FDR memorial is a series of stone "rooms", each showing a sculpture representing a period in FDR's and America's life accompanied by an appropriate FDR quote. The contrast between the compassion, articulation, hope and call to action by our President then and the one we have now was just breathtaking. I have sprinkled some of the photos and quotes throughout this newsletter.

**The Families USA Conference (Health Action 2007: <http://www.familiesusa.org/>)**

Since 1982, Families USA has worked as a national nonprofit, nonpartisan organization at the federal, state, and community level to promote high-quality, affordable health care for all Americans. This conference is an annual, 3-day event. The keynote speech, by **Barack Obama**, emphasized that all we've had so far in terms of Universal Healthcare is "tinkering and halfway measures", and he added that it "not a question of whether, it's a question of how." He said that the fact that politicians treat healthcare policies like a sporting event is "morally offensive" and added that the current administration's best idea is to "let the market do its will and tinker at the edges." Barack Obama's speech was followed by what turned out to be an even better one by **Uwe Reinhardt**, Professor of Economics & Public Affairs, Princeton University. Dr. Reinhardt, who has a wicked sense of humor noted that the current "health system" costs each of us \$1000/

year and amounts to deregulation on the supply side and nothing on the demand side. This has led to managed care and high deductible policies, and a host of other disasters. Healthcare costs in this country have increased yearly by a rate 2.5% higher than our GDP, and are now 20% of our GDP. He noted that "we are the least kind nation to mothers," and calls what we have "*unsurance*, not insurance." He noted that while Medicare currently spends 2% on overhead costs, the private insurance companies providing service are paying 15-20%.costs. We are also paying \$80-100 billion in public subsidies to private companies. He asked "Where in the New Testament do you find that?" and "why would we use our tax system to punish chronically ill people."

**Sherrod Brown** also spoke about the evaporation of healthcare in this country and said the "days of playing defense on all this are over."

**Sen. Edward Kennedy (MA)** was the highlight of the conference for me. He has lost none of his fight and he still roars. He had just come from Minimum Wage deliberations and noted that Britain now has a minimum wage of \$9.85, which has lifted \$40% of their children out of poverty. In this country, 8 of 10 uninsured people are in working families, and Health Savings Accounts are of no benefit to them. He said we have the worst child poverty in the world, with 12.5 million going hungry. He thundered that the SCHIP program works and MUST be reinstated and funded. We must take our outrage to the Budget committee, and not take NO for an answer. He warned us that passing this legislation will be difficult to sell because of PAYGO and will need either a waiver of the budget rules or another funding source. We must ask Blue Dog Democrats and Republicans for their support; it will need a veto-proof vote of 60 Senators.

### Notes on our Newsletter

You may have noticed that our newsletter has missed a month; this is my fault, but I sincerely hope that you will find that our new features will make it worth the wait. The Newsletter is now in the capable hands of the Communication Committee, under Editor Lyn Stueve. This issue features contributions by Lyn, John Bernier and me, and I am optimistic that we will have contributions from many more of you in the future.

Lyn and John introduce two fantastic new monthly columns: **Town & Country Activist of the Month**, this month featuring Ralph Cyfers on page 3, and the **Compassionate Conservative of the Month**, Page 7. Guess who is our first CCM??

## WELCOME, NEW MEMBERS!

**Tom & Sandy Adams**  
**Virginia Bjorgum**  
**Julie Hoffman**

## Town and Country Activist of the Month

### Ralph Cyfers

Ralph Cyfers represents the best that is the Democratic community. His passion for voter registration is topped only by his desire to stop the escalation of the Iraq war. Recently, during a local Democratic Party retreat, participants talked about their heroes. Ralph's name came up more than once. From registering new Democratic voters at Republican functions, to registering new citizens after swearing-in ceremonies, Ralph proves that he walks the walk and talks the talk.

We recently spoke with Ralph about his life, passions, heroes and his activist work. The following is a peek into who he is.

Ralph became an activist after growing up in the coalfields of West Virginia where he saw a lot of poverty. Even though he was young, Ralph noticed that there was a stark difference between union and non-union workers rights in the coalfields. This molded his view of unions throughout his life.

Ralph's grandmother was the party leader in West Virginia and one of his first heroes. Her local Democratic Committee helped her get a job in the post office, as that was the way things were done in those days. When Ralph was five, his grandmother told him something that holds true today. She said, "remember, when Republicans run things, people like us don't have a chance". Those were prophetic words.

Ralph was a child of the sixties. He learned about gender equality, protecting the environment, and the military-industrial complex. He was against the Viet Nam war and his father was a veteran and supported the war. Ralph felt that they could have great discussions and debates about the war and that his father listened to his arguments.

Ralph's heroes are, FDR, Harry Truman, John F. Kennedy, and Dr. Martin Luther King. He's especially fond of Harry Truman, who said, "Carry the battle to them. Don't let them bring it to you. Put them on the defensive and don't ever apologize for anything".

Ralph recently won election to the Sacramento County Democratic Central Committee representing the 10<sup>th</sup> AD where he will bring passion, a strong work ethic and new ideas for voter registration. Always on the lookout for events where he can represent Town and Country, and the Democratic Party, Ralph wants to be where the people are.

When asked about what he sees as the major problems

facing America today, Iraq was at the top of Ralph's list. "It is important to stop being the policeman to the world," Ralph says! According to statistics, over half of the budget is reserved for military spending. So much is spent on the military, that social programs are being cut, education is being decimated, and people are not receiving the medical treatment they deserve. That is why Ralph believes in protecting Social Security and Medicare, increasing funding for public education, single-payer health care, and clean elections to protect our votes!

So what does Ralph do in his spare time? He plays golf, restores furniture, and is responsible for the care of his 84 year-old very Democratic mother.

When asked what he would like to hear God say when he got to the pearly gates (if you believe in God), Ralph replied, "You had the courage to stand up for your convictions".

Ralph would be thrilled if you joined him in helping register new Democratic voters! You may contact him at [ralphcyfers@comcast.net](mailto:ralphcyfers@comcast.net) or by telephone at (916) 812-7225.



Ralph Cyfers

"I never forget that I live in a house owned by all the American people and that I have been given their trust."



## Our Changing Congress (Senate)

We gained a few Senators and a few members of the House of Representative, and that was enough to turn control of both the House and Senate to the Democratic Party. And that, in turn, means we now have the chairmanships of the key committees in both bodies! Whoever controls the committee, in simplistic terms, controls which legislation gets debated and gets voted on. Below are tentative lists of the power structure in this new and improved Congress!

### *Senate*

Call your Senator: 866-808-0065 (TOLL-FREE) or 202-225-3121 (NOT TOLL-FREE)

#### California Senators:

**Boxer, Barbara-** (D - CA): 112 Hart Senate Office Building, Washington DC 20510; (202) 224-3553; Web Form: [boxer.senate.gov/contact](http://boxer.senate.gov/contact)

**Feinstein, Dianne-** (D - CA): 331 Hart Senate Office Building Washington DC 20510; (202) 224-3841; Web Form: [feinstein.senate.gov/email.html](http://feinstein.senate.gov/email.html)

#### Majority (Democratic) leadership

**Senate Majority Leader and Democratic Conference Chairman: Harry Reid (Nevada):** Call: 202-224-2158 -- Democratic Leadership Office in DC (If that doesn't work call his scheduler: 202-224-7003)

**Email:** [Susan\\_McCue@reid.senate.gov](mailto:Susan_McCue@reid.senate.gov) (chief of staff)

**Fax:** 202-224-7327 -- DC Office

Senate Majority Whip: **Richard Durbin** (Illinois)

Democratic Conference Vice Chairman and Democratic Campaign Committee Chairman: **Charles Schumer** (New York)

Democratic Conference Secretary: **Patty Murray** (Washington)

Democratic Policy Committee Chairman: **Byron Dorgan** (North Dakota)

Steering and Outreach Committee Chair: **Debbie Stabenow** (Michigan)

Committee Outreach Chairman: **Jeff Bingaman** (New Mexico)

Committee Outreach Vice-Chair: **Hillary Rodham Clinton** (New York)

Rural Outreach Chair: **Blanche Lincoln** (Arkansas)

Chief Deputy Whip: **Barbara Boxer** (California)

#### Senate Committee Assignments

##### *Committee*

**Agriculture, Nutrition, and Forestry**

**Appropriations**

**Armed Services Committee**

**Banking, Housing, and Urban Aff.**

**Budget**

**Commerce, Science, and Transp.**

**Energy and Natural Resources**

**Environment and Public Works**

**Ethics**

**Finance**

**Foreign Relations**

**Health, Education, Labor, and Pens.**

**Homeland Security & Gov't Affairs**

**Indian Affairs**

**Intelligence**

**Judiciary**

**Rules and Administration**

**Small Business and Entrepreneur.**

**Special Committee on Aging**

**Veterans' Affairs**

##### *Former Chairperson*

Sen. Saxby Chambliss, (R-Ga.)

Sen. Thad Cochran, (R-Miss.)

Sen. John Warner, (R-Va.)

Sen. Richard Shelby, (R-Ala.)

Sen. Judd Gregg, (R-N.H.)

Sen. Ted Stevens, (R-Alaska)

Sen. Pete Domenici, (R-N.M.)

Sen. James Inhofe, (R-Okla.)

Sen. Charles Grassley, (R-Iowa)

Sen. Charles Grassley, (R-Iowa)

Sen. Pete Domenici, (R-N.M.)

Sen. Mike Enzi, (R-Wyo.)

Sen. Susan Collins, (R-Maine)

Sen. John McCain, (R-Ariz.)

Sen. Pat Roberts, (R-Kan.)

Sen. Arlen Specter, (R-Pa.)

Sen. Trent Lott, (R-Miss.)

Sen. Olympia Snowe, (R-Maine)

Sen. Gordon Smith, (R-Ore.)

Sen. Larry Craig, (R-Idaho)

##### *Incoming Chairperson*

**Sen. Tom Harkin (D-Iowa)**

**Sen. Robert Byrd, (D-W.Va.)**

**Sen. Carl Levin, (D-Mich.)**

**Sen. Christopher Dodd, (D-Conn.)**

**Sen. Kent Conrad, (D-N.D.)**

**Sen. Daniel Inouye, (D-Hawaii)**

**Sen. Jeff Bingaman, (D-N.M.)**

**Sen. Barbara Boxer, (D-Calif.)**

**Sen. Tim Johnson, (D-S.D.)**

**Sen. Max Baucus, (D-Mont.)**

**Sen. Joe Biden, (D-Del.)**

**Sen. Ted Kennedy, (D-Mass.)**

**Sen. Joe Lieberman, (I/D-Conn.)**

**Sen. Byron Dorgan, (D-N.D.)**

**Sen. Jay Rockefeller, (D-W.Va.)**

**Sen. Patrick Leahy, (D-Vt.)**

**Sen. Dianne Feinstein, (D-Calif.)**

**Sen. John Kerry, (D-Mass.)**

**Sen. Herb Kohl, (D-Wis.)**

**Sen. Daniel Akaka, (D-Hawaii)**

# Our Changing Congress (House)

## House of Representatives

**Speaker: Nancy Pelosi (D-California 8th)**

**Majority (Democratic) leadership**

- House Majority Leader: **Steny Hoyer** (Maryland 5th)
- House Majority Whip: **James Clyburn** (South Carolina 6th)
- Senior Chief Deputy Whip: TBD
- Democratic Caucus Chairman: **Rahm Emanuel** (Illinois 5th)
- Democratic Caucus Vice Chairman: **John Larson** (Connecticut 1st)
- Assistant to the House Majority Leader: TBD
- Democratic Campaign Committee Chairman: TBD
- Democratic Steering Committee Co-Chairs: TBD

**House Committee Chairmanships**

Committee	Former Chairperson	Incoming Chairperson
Agriculture	Rep. Bob Goodlatte (R-Va.)	Rep. <b>Collin Peterson</b> , (D-Minn.)
Appropriations	Rep. Jerry Lewis, (R-Calif.)	Rep. <b>David Obey</b> , (D-Wis.)
Armed Services	Rep. Duncan Hunter, (R-Calif.)	Rep. <b>Ike Skelton</b> , (D-Mo.)
Budget	Rep. Jim Nussle, (R-Iowa)	Rep. <b>John Spratt</b> , (D-S.C.)
Education and the Workforce	Rep. Howard McKeon, (R-Calif.)	Rep. <b>George Miller</b> , (D-Calif.)
Energy and Commerce	Rep. Joe Barton, (R-Texas)	Rep. <b>John Dingell</b> , (D-Mich.)
Ethics	Rep. Doc Hastings, (R-Wash.)	Rep. <b>Howard Berman</b> , (D-Calif.)
Financial Services	Rep. Michael Oxley, (R-Ohio)	Rep. <b>Barney Frank</b> , (D-Mass.)
Government Reform	Rep. Tom Davis, (R-Va.)	Rep. <b>Henry A. Waxman</b> , (D-Calif.)
Homeland Security	Rep. Peter King, (R-N.Y.)	Rep. <b>Bennie Thompson</b> , (D-Miss.)
House Administration	Rep. Vernon Ehlers, (R-Mich.)	Rep. <b>Juanita Millender-McDonald</b> , (D-Calif.)
Intelligence	Rep. Peter Hoekstra, (R. Mich.)	Rep. <b>Silvestre Reyes</b> (D-Texas.)
International Relations	Rep. Henry Hyde, (R-Ill.)	Rep. <b>Tom Lantos</b> , (D-Calif.)
Judiciary	Rep. James Sensenbrenner, (R-Wis.)	Rep. <b>John Conyers</b> , (D-Mich.)
Resources	Rep. Richard Pombo, (R-Calif.)	Rep. <b>Nick Rahall</b> , (D-W.Va.)
Rules	Rep. David Dreier, (R-Calif.)	Rep. <b>Louise Slaughter</b> , (D-N.Y.)
Science	Rep. Sherwood Boehlert, (R-N.Y.)	Rep. Bart Gordon, (D-Tenn.)
Small Business	Rep. Donald Manzullo, (R-Ill.)	Rep. <b>Nydia Velazquez</b> , (D-N.Y.)
Transportation and Inf' struct.	Rep. Don Young, (R-Alaska)	Rep. <b>James Oberstar</b> , (D-Minn.)
Veterans' Affairs	Rep. Steve Buyer, (R-Ind.)	Rep. <b>Bob Filner</b> , (D-Calif.)
Ways and Means	Rep. Bill Thomas, (R-Calif.)	Rep. <b>Charles Rangel</b> , (D-N.Y.)

## Join the Town & Country Democratic Club!!!

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Strengths/Experience \_\_\_\_\_

**The Town & Country  
Democratic Club  
encourages the  
participation of  
young members.**

Please check one box and circle the correct membership below:     NEW                     RENEWAL

Annual Dues:     \$25.00 Individual                     \$30.00 Family  
                           \$20.00 Senior Individual             \$25.00 Senior Family

Signature \_\_\_\_\_

Please mail to: Town & Country Democratic Club  
 P.O. Box 1286  
 Citrus Heights, CA 95611-1286

Date \_\_\_\_\_

## Sac County Democratic Central Committee News

Your Town and Country (T & C) representatives to the Sacramento County Democratic Central Committee (SCDCC) spent a great Saturday, January 27<sup>th</sup> at a retreat sponsored by the SCDSS Officers and facilitated by Brandon Bell.

After coffee and breakfast goodies, the group got to work and wrote a new Vision Statement. The SCDCC Vision Statement is, “Democrats United to Serve and Elect Democrats for the Common Good”. Following the creation of the Vision Statement, the group broke for lunch. After lunch the group wrote a Mission Statement, after which it split into working groups that represented the Committees of the SCDCC. The working groups included:

- Community Outreach
- Campaign Services
- Organizational Development
  - Subgroup, Communications Committee
- Campaign Services
- Finance/Fundraising

Each group created a vision and mission statement and presented both to the main group after reconvening. The ambitious agenda set forth by the four working groups indicated that the SCDSS is committed to changing Sacramento County from becoming almost red to deep blue.

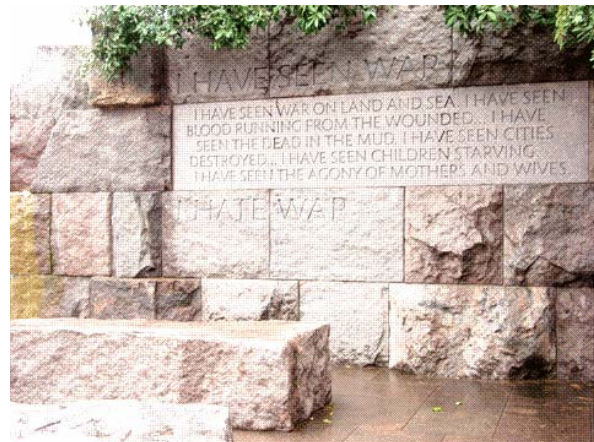
You do not have to be a member of SCDCC to work with a Committee working group.

T & C members on the various committees are listed below:

- Community Outreach – Lyn Stueve, Krystal Maddox
- Campaign Services – Ralph Cyfers, Warren Harding
- Organizational Development – Arnie Godmintz, Perry Metzger
- Finance – Bruce Pomer, Lyn Stueve

For more information, please contact any of the members listed above at the next T & C meeting or Lyn Stueve of the Communications Committee at [lynette.stueve@earthlink.net](mailto:lynette.stueve@earthlink.net) or by telephone at 916 974-1960.

Freedom of Speech  
Freedom of Worship  
Freedom from Want  
Freedom from Fear



“I have seen war on land .and sea. I have seen blood running from the wounded... I have seen the dead in the mud. I have seen cities destroyed. I have seen children starving. I have seen the agony o f mothers and wives. I hate war.”

### Contribution Policy

The opinions expressed in editorials or other contributions do not necessarily reflect those of the membership of the Town & Country Democratic Club. Contributions may be edited due to space or content, are due by the 25th of each month for the coming issue, and can be sent to.....

Lyn Stueve  
Editor Town & Country Democrat  
E-Mail: [lynette.stueve@earthlink.net](mailto:lynette.stueve@earthlink.net)

## Actual State of the Union, by the Numbers

### On Incomes:

- Median household income in 2000: \$47,599
- Median household income in 2005: \$46,326
- Federal minimum wage in 2000: \$5.15/hr
- Federal minimum wage in 2006: \$5.15/hr
- Loss in purchasing power, full time worker annually: \$1,562

### On Energy Prices:

- Average price of home heating oil on Jan. 3, 2000: \$1.15 per gallon
- Average price of home heating oil on Jan. 1, 2007: \$2.42 per gallon
- Average price of gasoline on Jan. 3, 2000: \$1.31 per gallon
- Average price of gasoline on Jan. 1, 2007: \$2.38 per gallon
- Exxon Mobil profits in 2000: \$7.9 billion
- Exxon Mobil profits in 2006: \$36.1 billion

### On Education:

- Average cost of a year at a public four-year college in 2000: \$9,958
- Average cost of a year at a public four-year college in 2006: \$12,796

### On Health Care Costs:

- Americans without health insurance, 2000: 38.2 million
- Americans without health insurance, 2005: 46.6 million

### On Debts and Deficits:

- Monthly U.S. Trade Deficit in October 2000: \$33.8 billion
- Monthly U.S. Trade Deficit in October 2006: \$58.9 billion
- Loss of value of U.S. dollar relative to the Euro, Jan. 24, 2000 to Jan. 23, 2006: 23 percent
- US Budget Deficit in FY 2000: \$230 billion surplus
- US Budget Deficit in FY 2006: \$423 billion deficit
- US National Debt in FY 2000: \$5.7 trillion
- US National Debt in FY 2006: \$8.5 trillion

[http://www.motherjones.com/mojoblog/archives/2007/01/3320\\_actual\\_state\\_of.html](http://www.motherjones.com/mojoblog/archives/2007/01/3320_actual_state_of.html)

“Those who seek to establish systems based on the regimentation of all human beings by a handful of individual rulers, call this a new order. It is not new and it is not order.”



## T&C CLUB INITIATES "COMPASSIONATE CONSERVATIVE OF THE MONTH" AWARD

The Town & Country Democratic Club has initiated a new program to honor a special group of Americans. During the 2000 election campaign, George W. Bush described himself as a "compassionate conservative." Inspired by those words, the club each month now will be selecting a recipient for its "Compassionate Conservative of the Month" award. All club members and others are invited to nominate recipients for this coveted prize.

It is only fitting that the first such award should go to President Bush as he is the one responsible for this special recognition project. The president was particularly singled out for this award for his fearless stand, that in tight budgetary times, someone has to make sacrifices.

To offset the massive tax cuts for America's richest citizens, and the hundreds of billions of dollars the Iraq War is costing, Bush called for the elimination in the 2007 budget of the Commodity Supplemental Food Program (CSFP), which provides food packages for some of America's poorest citizens. The CSFP distributes food packages to about 512,000 persons, mostly elderly, but some mothers and children also are included. Going to families with incomes averaging \$750 a month, as a result, such food packages often are what keep many from going hungry.

The president supports the completely doing away with the CSFP, which the Bush Administration officials assert is necessary in these "tight budgetary times." At least the multimillionaires who are beneficiaries of the tax break sponsored by Bush, will not have to worry about "tight budgetary times," and should give thanks to the president for his great compassion.

Clearly the president's compassion knows no end, making him a worthy recipient of the Town & Country Club's "Compassionate Conservative of the Month" award.

EDITOR'S NOTE: To maintain its policy of objective reporting, Town & Country feels it is proper that it should point out that in many circles the term "Compassionate Conservative" is considered an "oxymoron."

If you have more compassionate conservatives, please contact Lyn Stueve at 916 974-1960.

-- John Bernier

# The Calendar

## **Sacramento County Democratic**

### **Central Committee**

2<sup>nd</sup> Tuesday, State Capitol, Room 127, 6 PM. Contact: (916) 442-0264 or [www.sacdems.org](http://www.sacdems.org).

### **Auburn Area Democratic Club**

1<sup>st</sup> Thursday, Auburn Public Library, 250 Nevada St., Auburn, 7 PM; Contact: Trish Grenfell, (530) 887-8873, [pgrenfell@yahoo.com](mailto:pgrenfell@yahoo.com)

### **Davis Democratic Club**

2<sup>nd</sup> Tuesday, Yolo County Library-Davis, 14<sup>th</sup> St & B, 7 PM  
Contact: John Chendo, (530) 758-3331 or [jac07@dcn.org](mailto:jac07@dcn.org)

### **Folsom Democratic Club**

Last Monday, 7 PM; Contact Tessa Janian, [tessa.janian@comcast.net](mailto:tessa.janian@comcast.net) for location

### **JFK Democratic Club**

1<sup>st</sup> Saturday, 10 AM at the Raley's at Hazel and Madison; Contact: Mike Dillon, (916) 967-3157, [mikedillon2@comcast.net](mailto:mikedillon2@comcast.net)

### **Lincoln Democratic Club**

1<sup>st</sup> Thursday, Orchard Creek Lodge, Lincoln Hills, 7 PM; Contact: Della Sharief, (916) 408-5028

### **Rocklin/Roseville Area Democrats**

3<sup>rd</sup> Monday, Rocklin Library, 5460 Fifth St., Rocklin, 7 PM; Contact: Glenda Wertemberger, (916) 723-9930, [paulindaw@yahoo.com](mailto:paulindaw@yahoo.com).

### **Sacramento County Young Democrats**

(35 and younger) 1<sup>st</sup> Tuesday, State Capitol, Room 317, Sacramento, 6:30 PM; Contact [scyd@yahoogroups.com](mailto:scyd@yahoogroups.com)

### **Stonewall Democratic Club of Greater Sacramento**

2<sup>nd</sup> Monday, Lambda Players Theater, 2427 17<sup>th</sup> Street, Sacramento, 6 PM; Contact: (916) 441-1787, [info@sacstonewall.org](mailto:info@sacstonewall.org) or [www.sacstonewall.org](http://www.sacstonewall.org)

### **Sun City Democratic Club**

4<sup>th</sup> Tuesday, Sierra Pines Recreation Center, Whistlestop Way, Sun City, Roseville, 9 AM; Contact: Myra Schimke, (916) 772-4371, [mschimke@surewest.net](mailto:mschimke@surewest.net)

### **Town & Country Democratic Club**

2<sup>nd</sup> Wednesday, Deterding Park Clubhouse, 1415 Rushden Drive, 7 PM; Contact: Margie Metzler, (916) 921-5008, [margiemetz@hotmail.com](mailto:margiemetz@hotmail.com), website [www.tcdems.org](http://www.tcdems.org)

### **Women Democrats of Sacramento**

**County**, 3<sup>rd</sup> Monday, SCTA Office, 5300 Elvas Ave., Sacramento, 6:30 PM; Contact: JoAnn Souvignier, (916) 971-9601, [jousou vign@comcast.net](mailto:jousou vign@comcast.net), website [www.wdsc.net](http://www.wdsc.net)

### **Other Progressive Clubs**

#### **Sacramento For Democracy**

1<sup>st</sup> Wednesday, 7:00pm; SEIU Local 250, 1911 F St, Sacramento. Contact: (916) 974-1960; [bob644@earthlink.net](mailto:bob644@earthlink.net) [www.SacramentoForDemocracy.org](http://www.SacramentoForDemocracy.org)

#### **Gray Panthers of Sacramento**

2<sup>nd</sup> Tuesday, 1:00pm, Hart Senior Center, 27th & I Streets, Sacramento; Contact: Joan Lee, (916) 332-5980, [www.gpcal.org](http://www.gpcal.org)

#### **Capital Area Progressives (CAP)**

3<sup>rd</sup> Thursday, various locations; Cathlyn Daly, 479-5961; [dalywood@comcast.net](mailto:dalywood@comcast.net)



## **Town & Country Democratic Club**

**P.O. Box 1286**

**Citrus Heights, CA 95611-1286**

“The test of our progress is not whether we do more to the abundance of those who have much; it is whether we provide enough for those who have too little.”

